# JUNE 2025



| MONDAY   | TUESDAY                      | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|------------------------------|--|--|---|
| EarlyON: Family Gatherings<br>9:00am  Parachute Program<br>1:00-2:30pm | Mom2Mom Group 1:00-2:30pm    | Moms Market By appointment.  Growing Healthy Together Postnatal 3:45-4:30pm Prenatal 4:45-5:30pm               | Homeroom *TEACHER AVAILABLE* 1:00-3:00pm                             | Circle of Security Parenting Program 9:30-11:00am |
| Parachute Program 1:00-2:30pm  | Mom2Mom Group 1:00-2:30pm    | Growing Healthy Together Postnatal 3:45-4:30pm Prenatal 4:45-5:30pm  | EarlyON: Brantford Public Library 1:30pm  Back to Basics 5:00-7:00pm | Circle of Security Parenting Program 9:30-11:00am |
| EarlyON: Bell Lane Baby & Me 9:00am  Parachute Program 1:00-2:30pm     | Mom2Mom Group<br>1:00-2:30pm | Moms Market By appointment.  Growing Healthy Together Postnatal 3:45-4:30pm Prenatal 4:45-5:30pm               | 19   | Circle of Security Parenting Program 9:30-11:00am |
| Parachute Program 1:00-2:30pm  | Mom2Mom Group 1:00-2:30pm    | EarlyON: Boys & Girls Club Gym Time 9:30am Growing Healthy Together Postnatal 3:45-4:30pm Prenatal 4:45-5:30pm | 26   | Moms on the Move<br>9:30-11:00am                  |
| 30   |                              |  | CONTACTUS  |   |

## **Parachute Program**

1:00-2:30pm

## Margot's Place 95 Darling Street, Brantford

Located on the top floor of the St. Andrew's Community Centre.

# **CONTACT US**

DM us on Facebook @MargotsPlace Call or text 226-208-7401 Email elise@standrewsbrantford.com

# **Program Guide**

## **Mom2Mom Group**

Join other moms and moms-to-be for weekly guest speakers, DIYs, crafts, and community outings! This is an inclusive, judgement-free group. Childminding available for infants and preschoolers. Bus passes provided on an as-needed basis. Moms 29 & under are eligible. Group meets outdoors in July & August, school-aged children welcome.

Every Tuesday September-June, 1:00-2:30pm July-August, 10:00-11:30am **Registration required.** 

## **Parachute Program**

Kids Can Fly

Moms of all ages with infants (0-12 months), are invited to join us for music, parenting support, and connection with other moms. Older siblings are welcome to join. Facilitated by Jane Flinders, an ECE with 30+ years of experience working with moms and babies. Brant Taxi available.

Every Monday 1:00-2:30pm **Drop-in.** 

#### **Back to Basics**

Soup for the Soul

Learn cooking techniques and approachable recipes! Sessions will focus on items often accessible through food banks and food pantries. Lower your grocery budget and avoid food waste by learning how to use these staple pantry items! Spaces reserved for Margot's Place moms and their partners. Childminding available for children of all ages.

Weekday evenings. 5:00-7:00pm **Registration required.** 

# Growing Healthy Together Prenatal & Postnatal Groups Grand Erie Public Health

A safe and comfortable environment for individuals age 29 or younger, who are pregnant or parenting an infant (0-6 months). Learn about pregnancy, labour and delivery, postpartum, breastfeeding, and caring for your baby. Have your questions answered by Public Health Nurses, Dieticians, and Early Childhood Educators. Participants can receive bus passes, grocery gift cards, and fresh food items. Support people are welcome.

Every Wednesday Postnatal Group 3:45-4:30pm Prenatal Group 4:45-5:30pm **Drop-in.** 

# **Circle of Security Parenting Program**

Lansdowne Children's Centre

The Circle of Security Parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened. Sessions aim to help parents understand their child's emotional needs, manage emotions, and build self esteem. Childminding and bus passes are available.

Fridays for 8 weeks. 9:30-11:00am **Registration required.** 

### **Moms Market**

Moms who regularly attend Margot's Place programs are eligible for our free Moms Market. Donated women's and children's clothing, diapers, wipes, and non-perishable food items are available during 15 minute "shopping" appointments. Moms 29 & under are eligible.

Bi-weekly Wednesday mornings. **Appointment required.** 

# **EarlyON Pop-Ups**

Child and Family Services Grand Erie Community Living Family Gatherings Join the Margot's Place team as we "pop-up" at different EarlyON centres throughout the city! A great opportunity to visit new-to-you locations, knowing that a familiar face will be there. All caregivers with children age 0-6 are welcome at EarlyON centres.

Various weekday times & locations. **Drop-in.** 

#### Homeroom

Grand Erie Learning Alternatives

Young moms who are enrolled in school or are actively seeking employment are welcome at this weekly program. A quiet study environment and childminding is available, so that moms can focus on their school work, resume, or job applications. Teacher available at some sessions to support students working toward completing high school.

Every Thursday
1:00-3:00pm
Modified schedule June-August, see calendar for details.
Drop-in.