SEPTEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 **CLOSED** Labour Day	**2** **Mom2Mom Group** 1:00-2:30pm	**3** **Growing Healthy Together** Postnatal 3:45-4:30pm Prenatal 4:45-5:30pm	**4** **EarlyON: Family Resource Centre** 9:00am **Homeroom** 1:00-3:00pm	**5** **Fitness Fridays** 10:00-11:00am
8	**9** **EarlyON: Madonna Della Libera School** 9:00am **Mom2Mom Group** 1:00-2:30pm	**10** **Moms Market** By appointment. **Growing Healthy Together** Postnatal 3:45-4:30pm Prenatal 4:45-5:30pm	**11** **Homeroom** 1:00-3:00pm	**12** **Fitness Fridays** 10:00-11:00am
15 **EarlyON: Prince Charles School** 1:30pm	**16** **Mom2Mom Group** 1:00-2:30pm	**17** **Growing Healthy Together** Postnatal 3:45-4:30pm Prenatal 4:45-5:30pm	**18** **Homeroom** 1:00-3:00pm	**19** **Fitness Fridays** 10:00-11:00am
22 **EarlyON: Bell Lane** 9:00am	**23** **Mom2Mom Group** 1:00-2:30pm	**24** **Moms Market** By appointment. **Growing Healthy Together** Postnatal 3:45-4:30pm Prenatal 4:45-5:30pm	**25** **Homeroom** 1:00-3:00pm	**26** **Fitness Fridays** 10:00-11:00am
29	**30** **CLOSED** National Day for Truth and Reconciliation	**Margot's Place** **95 Darling Street,** **Brantford ON**	**CONTACT US** DM us on Facebook @MargotsPlace Call or text 226-208-7401 Email elise@standrewsbrantford.com	

Program Guide

Mom2Mom Group

Join other moms and moms-to-be for weekly guest speakers, DIYs, crafts, and community outings! This is an inclusive, judgement-free group. Childminding available for infants and preschoolers. Bus passes provided on an as-needed basis.
Group meets outdoors in July & August, school-aged children welcome.

Every Tuesday
September-June, 1:00-2:30pm
July-August, 10:00-11:30am
Registration required.

Back to Basics
Soup for the Soul

Learn cooking techniques and approachable recipes! Sessions will focus on items often accessible through food banks and food pantries. Lower your grocery budget and avoid food waste by learning how to use these staple pantry items! Spaces reserved for Margot's Place moms and their partners. Childminding available for children of all ages.

Weekday evenings.
5:00-7:00pm
Registration required.

Growing Healthy Together
Prenatal & Postnatal Groups
Grand Erie Public Health

A safe and comfortable environment for individuals age 29 or younger, who are pregnant or parenting an infant (0-6 months). Learn about pregnancy, labour and delivery, postpartum, breastfeeding, and caring for your baby. Have your questions answered by Public Health Nurses, Dieticians, and Early Childhood Educators. Participants can receive bus passes, grocery gift cards, and fresh food items. Support people are welcome.

Every Wednesday
Postnatal Group 3:45-4:30pm
Prenatal Group 4:45-5:30pm
Drop-in.

Fitness Fridays

Moms join us each week to participate in a new fitness activity together. All experience levels welcome, modifications available. Childminding provided for infants and preschoolers. Bus passes provided on an as-needed basis.

Friday mornings Sept. 5 - Oct. 10
10:00-11:00am
Registration required.

Moms Market

Moms who regularly attend Margot's Place programs are eligible for our free Moms Market. Donated women's and children's clothing, diapers, wipes, and non-perishable food items are available during 15 minute "shopping" appointments. Moms 29 & under are eligible.

Bi-weekly Wednesday mornings.
Appointment required.

EarlyON Pop-Ups

Child and Family Services Grand Erie
Community Living
Family Gatherings

Join the Margot's Place team as we "pop-up" at different EarlyON centres throughout the city! A great opportunity to visit new-to-you locations, knowing that a familiar face will be there. All caregivers with children age 0-6 are welcome at EarlyON centres.

Various weekday times & locations.
Drop-in.

Homeroom

Grand Erie Learning Alternatives

Young moms who are enrolled in school or are actively seeking employment are welcome at this weekly program. A quiet study environment and childminding is available, so that moms can focus on their school work, resume, or job applications. Teacher available at some sessions to support students working toward completing high school.

Every Thursday
1:00-3:00pm
Modified schedule June-August, see calendar for details.
Drop-in.